

Free Webinars for Family Caregivers

Saturdays at 9:30 AM

Sign up:



11/6 Know Your Options for Elder Care

Understand the options for care for those living at home and the types of care available when loved ones need to move from their current homes to a place that can provide more support or professional care. *Presenters: Nicole Coglietta, CareSift; Kauai Chartrand, Yukio Okutsu State Veterans Home; James Mariano, Maui County Office on Aging.*

11/13 Giving Care, A Poet's Caregiving Journey

Come laugh, shout, whimper, weep or remain silent and listen as Award winning author, Frances Kakugawa shares her poetry, humor, and experiences to tell us about how she found meaning and dignity in caring for her mother, who had Alzheimer's Disease. **Optional writing workshop at 11 AM.**

11/20 Caregiver to Caregiver Panel

Join a panel of family caregivers of Kupuna at different stages of caregiving. Hear their stories and learn from their practical advice. Get connected to community support and learn about local resources.

11/27 Pre-Crisis Planning for Dementia

A dementia diagnosis like Alzheimer's often causes fear and anxiety over how to plan for the future when a loved one becomes incapacitated by illness and needs quality care. Learn about legal, and financial issues and care solutions. Get proactive steps you can take to help your loved one plan for and control the last chapter of life. *Presenters: Laurie Adamshick and Tom Rulon of the Elder Law Practice of Rulon & Adamshick LLC.*



HALE HAU'OLI
HAWAII



Maui County
Office on Aging

