

COVID19caregiving.com



Dr. Warren's Community

COVID19 Caregiving

Supporting Caregivers in a Time of Crisis

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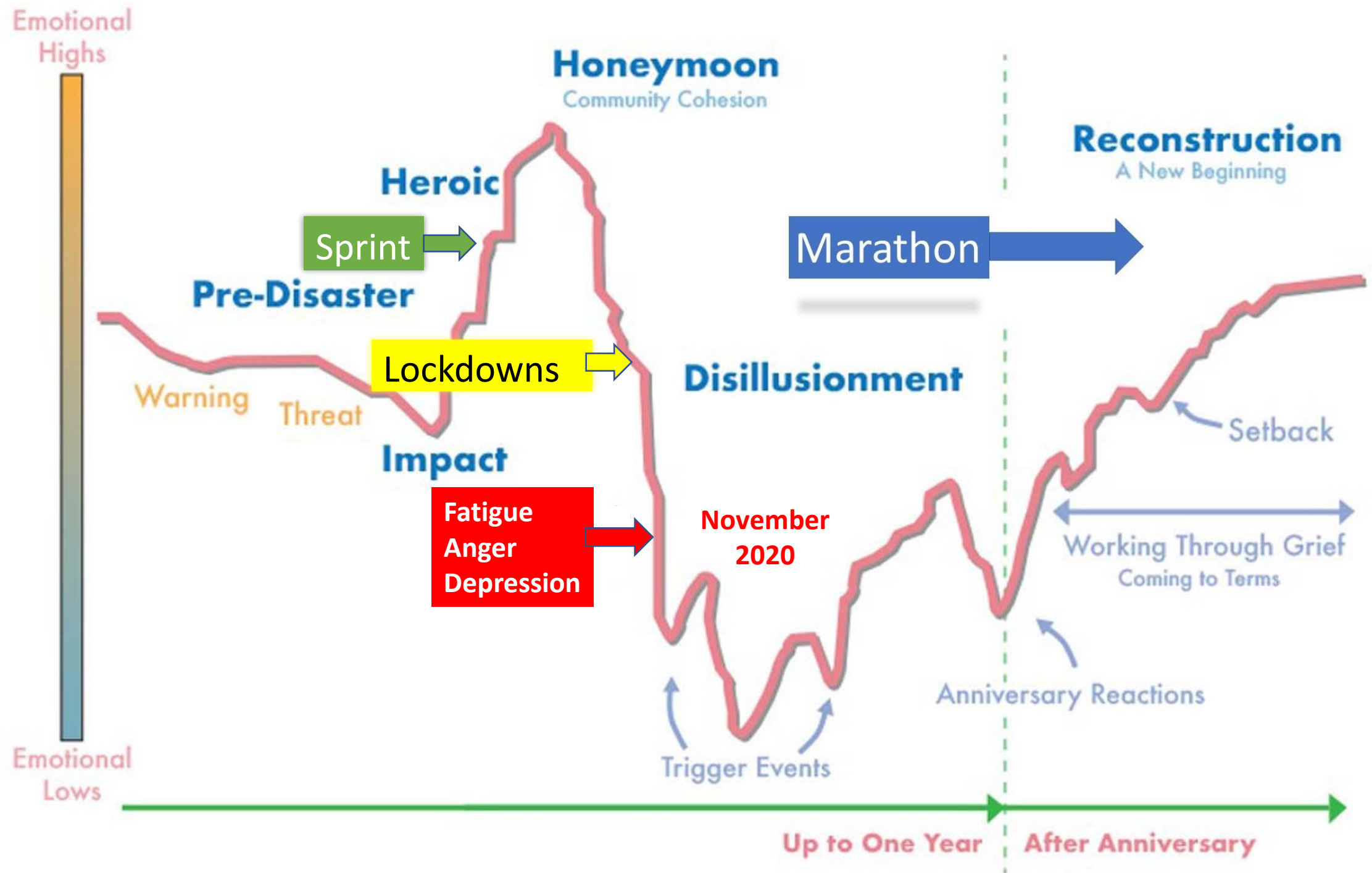


Caring for Seniors during COVID-19
Supporting caregivers in a time of crisis



How bad will it get?

Posted on April 8, 2020 by Dr. Warren





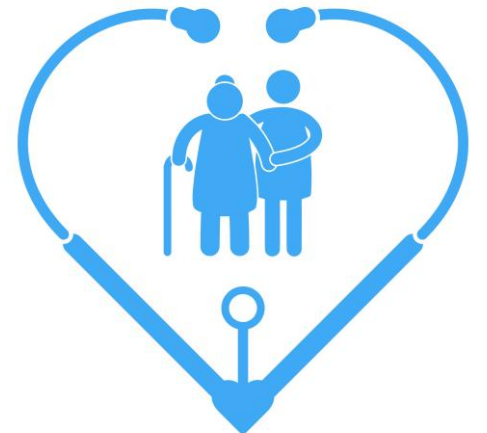
Compassion

Community



*The plan is to make
a sharing
community where
we take care of each
other*

Knowledge



Building Resilience



Step 1. How SAAD* are you?

Posted on April 17, 2020 by Dr. Warren

Step 1 is finding out what causes stress and recognizing how that stressor affects you

Pat talks about
life during
COVID-19



Compassion

I can't even get the mail

Posted on April 30, 2020 by Holger Heine

★★★★★ 4.4 (24)



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Community

Does it ever feel like you're all alone?



COVID19 Caregiving

Supporting caregivers in a time of crisis

Knowledge

Does social distancing mean
that you can't touch a frail
person?



Should I put a mask on a
person with dementia?

Category Archives: Ask the Doctor



Mom feels isolated

Posted on May 22, 2020 by Dr. Warren



Is it safe to have home health aides?